LONGLANDS

BAR RESTAURANT ROOMS

STARTERS

Homemade soup of the day Warm crusty bread & salted butter (v, gfa)	7.00
Crispy duck salad Duck breast, orange, spring onion & feta salad, hoisin dressing, crispy noodles	9.00
Chicken liver pate Pistachio butter, toasted bread, date & apple chutney (g	8.00 fa)
Salt & pepper squid Sweet & sour stir fry vegetables	8.00
Twice baked cheese souffle Spiced garlic, ginger tomato salsa	8.50
Prawn goan curry King prawns, goan curry sauce, naan bread strips	8.95
Mushroom crostini Sun blushed tomato, spinach, chilli, guacamole crostini, balsamic glaze (vg, gf)	9.50

FOR SHARING

Selection of breads	
Olives, hummus, selection of breads $\left(v \right)$	8.00
Garlic pizza bread (v)	7.50
Mozzarella garlic pizza bread (v)	
Caramelized onion & mozzarella pizza bread $\left(v \right)$	



MAINS

Classic steak burger

Prawn goan curry

Pan fried salmon

Beer battered haddock

Battered Whitby scampi

Monterey jack cheese, Asian slaw, salad, posh pickle sauce, fries

Chargrilled bbq pork tomahawk

Chargrilled Barnsley lamb chop

Mushy peas, chips, homemade tartare

Bury black pudding, potato & onion hash, red wi

King prawns, basmati rice, naan bread (vga - Tot

Sticky soy, ginger & chilli noodles, slaw (vga - To

	16.50	Caesar Salad Panfried chicken breast, Cos lettuce, sourdough croutons, crispy bacon, parmesan, Caesar dressing	16.50
		Beef lasagne	15.50
	20.00	Sweet tomato, crème fraiche, rocket, parmesan, truffle oil, pinsa romanas	
ne	22.00	Cumberland sausage Creamy mashed potato, seasonal vegetables, onion gravy (gf)	14.50
		12oz bone in sirloin steak	35.00
fu	17.95	Vine tomatoes, confit field mushroom, chips , onions rings, parsley bone marrow butter (gfa) *taken from between the fore-rib and rump	
fu)	21.50	Surf 'n' turf Flat iron steak*, seared king prawns in garlic butter	24.00
	17.95	dressed salad, fries (gf) *taken from the chunk region on the front shoulder	
	17.95	Chargrilled halloumi Roasted Mediterranean vegetables, green pesto, cris herb potatoes, balsamic glaze (gf, v)	14.50 spy

HAND STRETCHED PIZZA

Our thin-crust 12" pizzas are made from wheat flour and stone baked to create a light crisp crust. We bake our pizzas at 300C to create piping hot perfection.

Margherita Tomato & oregano (v)	12.50	Ultimate meat feast Tomato & oregano	15.00
Beef & blue Beef, caramelized onions, Garstang blue cheese	15.00	Mushroom Chestnut field mushrooms, oven roasted garlic (v)	14.50
Tandoori chicken Onion bhajis, coriander, mango	15.00	Hawaiian Roast Cumbrian ham, charred pineapple	15.00
Pepperoni Mozzarella & tomato	15.00	Bbq pulled pork Pulled pork, bbq sauce	15.00

Serv

Caes Char crisp

Steal crean

Spice Cauli sweet

Smal 4oz h

Steal Medi

Char Lemo

Grill Sund

Chips Parme House Fresh Cauli Medit New

Beer

As we move towards a cashless society it is becoming harder for guests to leave a small tip for our team. So, we have taken the step of adding a discretionary 10% contribution to your bill. Every penny goes to the team. If for any reason you, would prefer not to leave a tip please let us know and we will remove immediately.

LUNCH MENU

ved Monday - Saturday 12.00 – 16.30	
sar salad rgrilled chicken strips, Cos lettuce, sourdough crou by bacon, parmesan, Caesar dressing	£14.50 tons,
hk & ale pie my mashed potato, greens, gravy	£13.50
ced cauliflower pie liflower, spinach, lentils, new potatoes, mango chut et chilli peppers (gf, vg)	£13.50 tney,
all battered haddock goujon haddock goujon, mushy peas, chips, tartare sauce	£12.00
Ik & blue cheese ciabatta ium rare steak, Garstang blue cheese, fries	£10.50
rgrilled honey & lemon chicken ciabatta on mayonnaise, salad leaves, fries	£12.00
l led halloumi ciabatta dried tomato, green pesto, rocket, fries (v)	£10.50

SIDES - All £5.25

Chips or fries	
Parmesan & truffle fries (+ £1.00)	
House salad	
Fresh seasonal vegetables	
Cauliflower cheese	
Mediterranean vegetables	
New potatoes	
Mashed potato	
Beer battered onion rings	

THE TIP JAR

DESSERTS

Ice cream sundae Three scoops with chocolate sauce, fudge brownie pieces and marshmallows (gf)	7.75
Lemon tart Raspberry sorbet (v)	7.75
Eton mess Sweetened fruit of the forest compote, crushed meringue whipped cream, finished with fresh strawberries (gf)	7.75 ^{2,}
Sticky toffee pudding Butterscotch sauce, vanilla ice-cream	7.75
Raspberry & cream slice Almond biscuit base topped with lemon & raspberry mo fresh raspberries, strawberry ice-cream	7.75 usse,
Chocolate cherry tart Vegan pastry case filled with a layer chocolate and cherr served with vegan ice-cream (vg, gf)	7.75 ies
Chocolate brownie Rich gooey brownie served warm with vanilla ice-cream	7.75 n (gf)

SMALL DESSERTS & COFFEE 7.75

Sticky toffee pudding Butterscotch sauce, vanilla ice-cream Triple chocolate brownie

Vanilla ice cream, chocolate sauce (gf) Eton mess

Fruits of the forest, crushed meringue, cream (gf)

STARTERS

Homemade soup of the day Warm crusty bread (v, gfa)

Mushroom crostini Sun blushed tomato, spinach, chilli, guacamole, crostini, balsamic glaze

Duck salad Duck breast, orange, spring onion & feta salad, hoisin dressing, crispy noodles

Chicken liver pate Pistachio butter, toasted bread, date & apple chutney (gfa) Olives, hummus, selection of breads (v)

COFFEE

by Atkinsons of Lancaster specialty coffee roasters & tea merchants

Cafetiere	3.50 / 6.00
Espresso The Espresso is where it all begins. Its rich aroma is the heartbeat of all our coffees.	2.50
Cappuccino Made with frothy milk and decadent chocolate dusting.	3.00
Americano Our signature Espresso softened with hot water. Drink it straight up or add a splash of milk.	2.75
Latte Our signature Espresso with steamed milk for a smooth and creamy coffee.	3.50
Liqueur coffee Irish, French, Gaelic, Baileys	8.50
Hot Chocolate	3.50
Lancaster blend tea	2.50/3.50

COCKTAILS

The Longlands Sour	8.50
Aperol spritz	8.50
Pornstar Martini	9.00
Margarita	8.50
Daiquiri	9.00

2 for \pounds12 4-7pm daily

Long Island Iced Tea Cosmopolitan **French Martini** Kir Royale

Cherry Cola

San Francisco	4.50
Shirley Temple	4.50

MOCKTAILS

SUNDAY AT THE LONGLANDS

MAINS

Roast rump of local beef Herb roasted potatoes, seasonal vegetables, homemade Yorkshire pudding & gravy

Maple glazed pork loin Herb roasted potatoes, seasonal vegetables & gravy

Spiced cauliflower pie (vga,gf) Cauliflower, spinach, lentils, new potatoes, mango chutney, sweet chilli peppers

Cumberland sausage Mashed potato, seasonal vegetables, gravy

Beer battered haddock Mushy peas, chips, homemade tartare sauce, lemon

Classic steak burger Monterey jack cheese, salad, posh pickle sauce, chips

Pan fried salmon Charred asparagus, new potatoes, hollandaise sauce

Scampi Fries, homemade tartare sauce, dressed salad

4.50

Ice cream sundae Three scoops with chocolate sauce, fudge brownie pieces, marshmallows (gf)

Raspberry & cream slice Almond biscuit base, lemon & raspberry cream, fresh raspberry, strawberry ice cream

Sticky toffee pudding Butterscotch sauce, vanilla ice-cream Chocolate cherry tart Vanilla ice-cream (vg, gf)

BREAKFAST

COFFEE & CAKES SERVED DAILY

FISH & CHIP THURSDAY!

Tuck into beer battered haddock, chips, mushy peas and curry sauce for 2 people **for just £19** Served Thursday 12-9pm

PIZZA OFFER

Enjoy 2 12" Pizzas. 1 x side and ½ carafe house wine for just £25. Available Monday to Thursday 12-9pm

FREE MEETING SPACES

Looking for a meeting space for 2 or 28 people we have it covered. Please ask a member of staff for more details.

DESSERTS

2 courses $\pounds24.00$

3 courses £30.00